HEALTH and WELLBEING

Kitchen Garden  John Collins  Class: Max 10
Costs: $40 per term

This term’s elective will focus again on ethical eating or “eating green”. Not only will you source nutritious and delicious ‘green’ recipes, you will also cook up delicious food each week and take care of the kitchen garden crops.

COMMUNITY & SCHOOL PARTNERSHIPS

Creating and Publishing a Preshil Cookbook  Nerel Ezra & Team  Class: Max 14
Costs: $Nil per term

Given the wonderful baking at our morning cafes, delicious soups and desserts at the Winter Solstice and the fabulous feast at the Spring Dinner, we are keen to collate these recipes into a Preshil cookbook. We aim to create an edible patchwork of our stories and bring together the tastes and cultures of our diverse community.

This elective will oversee the creation, development and production of this book including artwork for the front cover and throughout the book, photography, recipe testing and collation, printing and sales. We can’t wait to see the final product of this great initiative for an elective.

ELECTIVES - PREFERENCE FORM

Students need to choose only one Elective. Students should mark their choices in the order of preference. The Elective you choose will be for the whole term. Electives with a cost will require a parent signed permission. Forms must be returned by the due date and are dated and numbered on receipt to be fair.

All Electives are allocated on a first come first in basis. We will notify you which Elective you are in as soon as possible so you can prepare if necessary.

CHOICE AND RESPONSIBILITY

"From the earliest years, children at Preshil are encouraged to choose... In later years, children are encouraged to choose and pursue one or more special interests... This tradition of choosing special projects and electives continues throughout the school.

Preshil believes that providing children with the choice to follow their own interests leads to a more compelling and rewarding learning experience for both child and teacher. By taking ownership of their education children invest more of themselves and are more motivated to learn.

By learning to make their own choices in ever more significant ways, children begin to learn the importance of making good choices and taking responsibility for them. When children can understand that their every action is the product of a choice they themselves make, whether consciously or unconsciously, they become more empowered to direct their own lives.

By choosing to pursue their own interests children solidify their unique strengths and the growing expertise that will aid them in their later studies, as well as in their vocations as adults..."

The Courage Book

ELECTIVES PROGRAM CONTACT:
C. Bronte Howell  T. 03 9817 6135  E. bronte.howell@preshil.vic.edu.au  W. preshil.vic.edu.au

PRESHIL  The Margaret Lyttle Memorial School
PRIMARY SCHOOL  395 Barkers Road, Kew VIC 3101
SECONDARY SCHOOL  12-26 Sackville Street, Kew VIC 3101

ELECTIVES PROGRAM

YEARS 7 TO 10
TERM ONE ELECTIVES
TUESDAYS - 8 WEEKS

This program is designed to broaden the students’ experience within and beyond the curriculum. It offers opportunities to extend or deepen their knowledge in a particular area of study or ignite a passion for a particular general interest. Staff, parents, past students and expertise outside of the immediate school community can offer a subject about which they are passionate and offer specialist knowledge.

Each term students are able to choose between a wide variety of subjects including the arts, science, technology, construction and sport. As part of our Careers program, all Year 10 students will be required to participate in a careers subject in either Term 2 or Term 3. The Electives Program fosters Preshil’s enduring commitment to making, choosing, building, playmaking and performing as described in the Preshil ‘Courage’ book.

Many costs of the program are subsidised by the program budget however some subjects have associated costs for specialised equipment, materials, excursion fees and transport as required. Families are notified of the cost by email once selections are finalised. These can be paid by cash or credit card in advance or may be invoiced to your school account. Costs are a flat rate per term, per subject as listed.

Some subjects may also extend into fruit or lunch, particularly those leaving the school grounds. Students will need to be aware of this when choosing particular subjects as they may need to take and eat their fruit and/or lunch.
newcomers welcome!

the potions. What will you do with them? Jewellery, phone cases, having made something magical. Come and learn the spells and
anyone who can imagine the feeling of
for hackers, freaks, designers and artists; creative imaginations and is fuelling
scanning 3D printing is liberating people's
technologies and applications. Kinect
3D printing - understand workflow,
understanding and manage issues. Introduction to Arduino - explore the world
programming is about or want to get into
of robotics, electronic music creation, data
logging, the 'internet of things' and connected
devices. Introduction to Arduino - Explore the world of physical
computing and take the first steps into micro controllers, by learning
how to program the Arduino - a system of hardware and software
which lets anyone bring their imagination to life! You will learn how
to program in a "C like" language, with core skills applicable to
many other programming languages. The main focus of this course is
learning to program, you don’t need to know anything about
electronics or the C language to join in. We will develop your skills
to sense the physical world, using connected sensors, learn how to
process information in software and make decisions, turn on LEDS to
create interactive lighting displays using breadboards and soldering
stations. No experience necessary.

Explore Programming (Arduino)
Karl von Moller
Cost: $160 per term
Class: Max 10

If you have ever been interested in what programming is about or want to get into electronics and computing, then this is the
course for you! It’s simple, really fun and best of all gives you a great start into the world of robotics, electronic music creation, data
logging, the ‘internet of things’ and connected devices. Introduction to Arduino - Explore the world of physical
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Art Projects: Individual Project
June McKenzie
Cost: Nil per term
Class: Max 14

Create your own Art Project or join others wanting to focus on a particular area. This group is all about making art. It is an
opportunity to pursue your own artistic interests whether it be manga drawing, lino prints, mosaics, making dioramas or
exploring different art movements. When available and just once a term, we try to find an interesting exhibition
or artist to visit.

Minions
Adam Simon
Cost: Nil per term
Class: Max 8

The Minions Program is designed to give students a fundamental understanding of how computers, networks and servers work and interact; as well as the ability to identify and troubleshoot PC, network and server issues. In this class students will work together to build a functioning server, build a network, connect client machines to the network, administrate and troubleshoot issues to keep the system stable. After completing the minions program students will be able to: Understand key IT terms and jargon. Understand and be able to construct basic networks. Understand and build computers and servers. Understand key differences in server and client roles. Identify and troubleshoot basic PC and network problems. Administer a basic windows server/client environment.

Poetry Writing
Kate Ellis
Cost: Nil per term
Class: Max 11

Poet Alice Walker stated that ‘...poetry is the lifeblood of revolution and the raising of consciousness’. William Wordsworth stated that ‘poetry is the spontaneous outflow of powerful feelings...’ An anonymous writer suggested that ‘poetry was basically anything that called itself a poem’ whereas Plato suggested that poetry ‘came nearer to vital truth than history’. In this course, time will be dedicated to exploring these and many other definitions of poetry as well as how to write your own poems. Information will also be provided as to where you can have your work read or published in the world outside of school. This poetry-writing course is an invitation to anyone who would simply like to express some part of themselves, to give word and voice to their ideas, opinions and feelings through poetry.

“Students must bring their own notebook and writing materials.

Sitting in the studio thinking about which mood would go right now, freestyle or write down, whatever. And still I come up clever, I just need to free my thoughts’.

Kendrick Lamar ‘Heart Pt 2’

SPORT AND PHYSICAL DEVELOPMENT

Ten Pin Bowling
Cost: $90 per term
(6 weeks only)
Class: Max 10

Bowling has one of the longest and richest histories of all sports, dating back approximately 4,000 years ago to Greece and Rome. It helps promote muscle exercise of the lower body and is one of the few sports that allows you to compete at any age and become a pro. Throwing the bowling ball and hitting the pins requires a great amount of hand-eye coordination. This kind of focus stimulates mental alertness, concentration and tactical strategy. This makes bowling the perfect game for young people to sharpen motor skills and hand-eye coordination. Cost include 2 games each session. Students will travel by Freshil bus to the first bowling alley in Melbourne and now the longest running in Australia!

Fencing
Pieter Leeuweburgh
Cost: $190
Class: Min 8

Students can experience the Olympic sport of Fencing. Qualified coach and equipment supplied. It is a “sport” with a very clear purpose. Fencing is an intense sport requiring a high level of both mental and physical speed and agility. However, it is also a sport of manners. Fencing is very safe. Properly supervised and conducted it is slightly more hazardous than lawn bowls. Protective clothing is part of the reason for that safety. For beginners practice and competition fencing, the blade is tipped with a rubber button. Fencing as a sport retains a visceral “edginess” that is part of the mental discipline that it teaches.

Tennis
Cost: $90 per term

Bill provides coaching for all ages and skill levels, from beginners to advanced, in a relaxed and encouraging environment, making it easy for students to enjoy their tennis as they learn the various disciplines of the game. Getting to know each student’s strengths and weaknesses means progress can be made every lesson. Lessons are held at MCC Kew next to the junior campus.

Lawn Bowls
Cost: $190
Class: Min 8

Lawn Bowls has become a very popular sport for young people as results in major world events have shown over the last ten years. There is also an opportunity for students to get involved in a massive junior development program in the sport of lawn bowls at the MCC club. We can provide more details about that. Richard will teach the students this highly skilled sport in all aspects including delivery technique, shot play skills, tactical skills and mental game skills. No experience necessary.

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