Making MONSTAS

Materials:
- Colourful old jumpers
- Colourful print material
- Stuffing
- Uncooked rice, wheat or barley
- Sewing thread, pins, needles, scissors

1. Cut out the shape of your monsta from the jumper fabric.

2. Cut out a square, slightly bigger than your monsta shape.

3. Pin your monsta shape onto the print fabric, wrong sides together.

4. If using a sewing machine, use a firm close stitch to join the monsta shape to the printed fabric. Overstitching or blanket stitch would work well. Firmly to the print fabric, leave an opening at the bottom for stuffing.

5. If you are sewing by hand, make sure that you use a firm close stitch to join the monsta shape to the printed fabric. Oversewing or blanket stitch would work well.

6. Taking care not to cut your stitches, cut the excess print material away from the sewn edge of your monsta shape.

7. Stuff the monsta through the opening at its bottom. Make sure to fill the ears up properly.

8. Fill the toe of the sock or stocking with 1/4 cup of rice; wheat, etc. Twist the sock above the grain filled toe and fold the top of the sock down around the toe to make a parcel.

9. Push the sock parcel into the opening under the base of your monsta. Sew the opening firmly closed, either by machine or with needle and thread.

10. Now you can decide what kind of face you will give your monsta. See the accompanying sheet about MONSTA MAKING IDEAS and also for painting instructions.

11. Your monsta's body is now finished. It should sit up nicely on its weighted bottom!